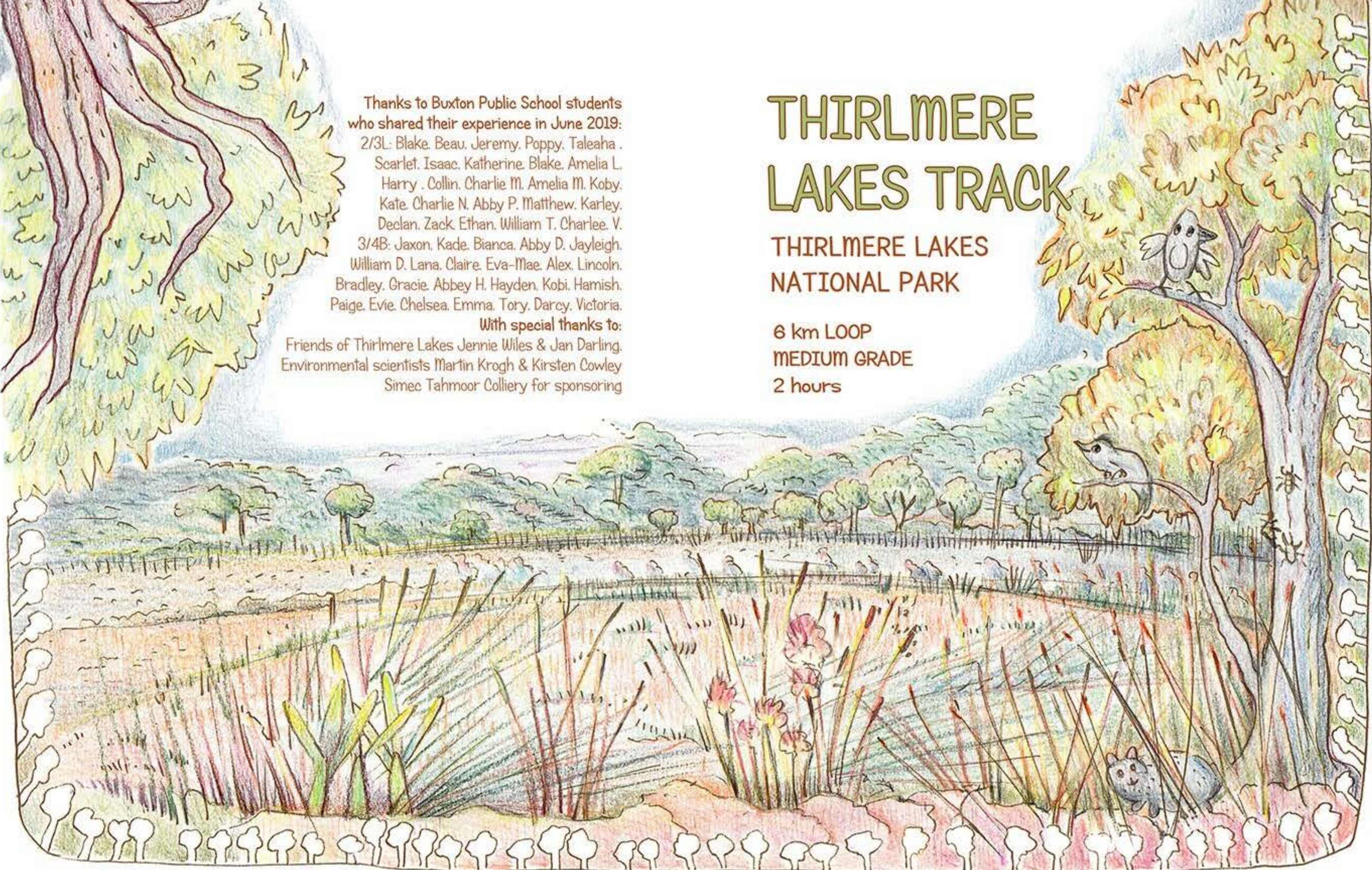


Thanks to Buxton Public School students who shared their experience in June 2019:
 2/3L: Blake, Beau, Jeremy, Poppy, Taleaha, Scarlet, Isaac, Katherine, Blake, Amelia L, Harry, Collin, Charlie M, Amelia M, Koby, Kate, Charlie N, Abby P, Matthew, Karley, Declan, Zack, Ethan, William T, Charlee, V.
 3/4B: Jaxon, Kade, Bianca, Abby D, Jayleigh, William D, Lana, Claire, Eva-Mae, Alex, Lincoln, Bradley, Gracie, Abbey H, Hayden, Kobi, Hamish, Paige, Evie, Chelsea, Emma, Tory, Darcy, Victoria.
 With special thanks to:
 Friends of Thirlmere Lakes Jennie Wiles & Jan Darling,
 Environmental scientists Martin Krogh & Kirsten Cowley
 Simec Tahmoor Colliery for sponsoring

THIRLMERE LAKES TRACK

THIRLMERE LAKES NATIONAL PARK

6 km LOOP
 MEDIUM GRADE
 2 hours



Special thanks to project partners for support and funding



THIRLMERE LAKES WALKING TRACK • 6 km Loop • MEDIUM GRADE • 2 hours

WHAT TO BRING IN YOUR BACKPACK

- a bottle of water.
- plenty of snacks.
- a raincoat.
- pencils for drawing.
- warm clothes in winter.
- small bag for rubbish.
- wear a hat, sunscreen and a small first aid kit could be useful.
- enclosed walking shoes.
- small torch.
- camera.

BUSH TRACKER SAFETY

Safe Bush Trackers are prepared and

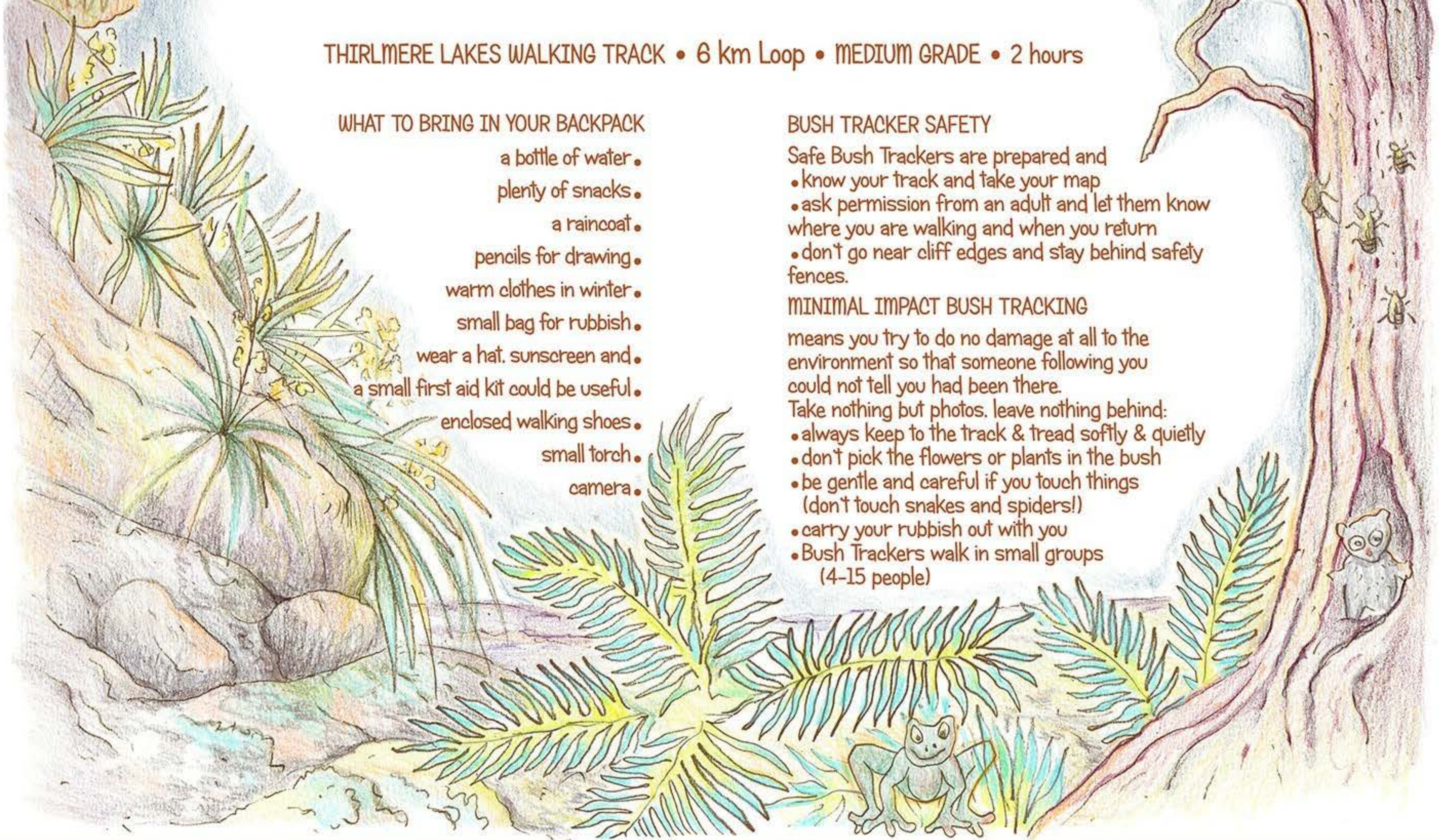
- know your track and take your map
- ask permission from an adult and let them know where you are walking and when you return
- don't go near cliff edges and stay behind safety fences.

MINIMAL IMPACT BUSH TRACKING

means you try to do no damage at all to the environment so that someone following you could not tell you had been there.

Take nothing but photos, leave nothing behind:

- always keep to the track & tread softly & quietly
- don't pick the flowers or plants in the bush
- be gentle and careful if you touch things (don't touch snakes and spiders!)
- carry your rubbish out with you
- Bush Trackers walk in small groups (4-15 people)

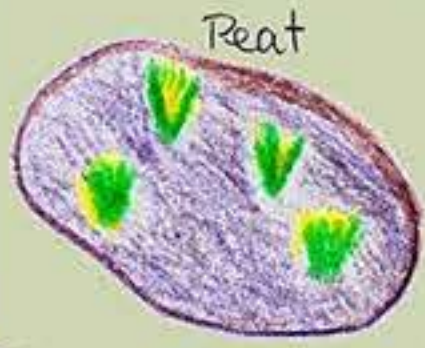


The Bush Trackers program helps engage children and families in nature. Bush Trackers helps create a child friendly community and grew from support of the Stronger Families Alliance (www.strongerfamilies.net.au). The Bush Trackers team worked with NSW National Parks and Wildlife Service Discovery Rangers to guide school kids aged 8-10 years old on a local bushwalk, enjoying nature play, learning about natural and cultural heritage and encouraging the kids to share their experience through words, poems, drawings and photos. PerformingDesign use these to create the map and guide to encourage other kids and families to safely enjoy the bush. For more information, tips and maps go to: www.bushtrackers.com.au; www.wildwalks.com; www.nationalparks.nsw.gov.au. We respectfully acknowledge the Traditional Custodians of this place.

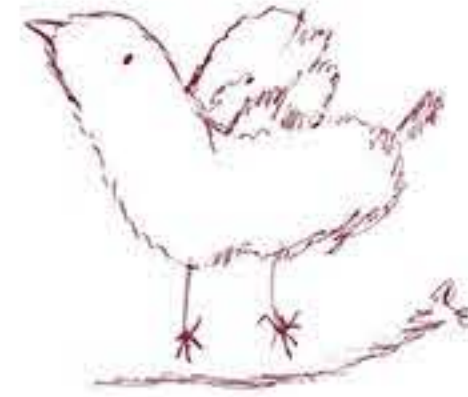
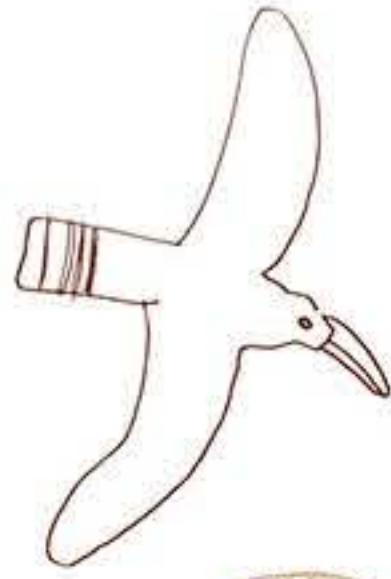
Thirlmere Lakes Walking Track • Medium grade • 6km loop • 2 hours

Thirlmere Lakes National Park is part of the Greater Blue Mountains World Heritage Area and has five freshwater lakes with changing water levels so they are sometimes dry. It is a perfect spot for enjoying picnics and barbecues, walking and birdwatching. Start your walking adventure at the Couridjah picnic area and follow the flat track that winds around three of the lakes to join Dry Lakes Road and return along Slades Road (be very careful of traffic). Be sure to investigate the Heritage Pump station, once used to water steam trains on the old southern railway line.

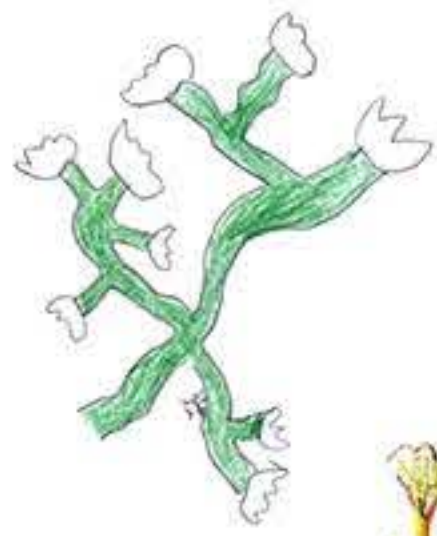
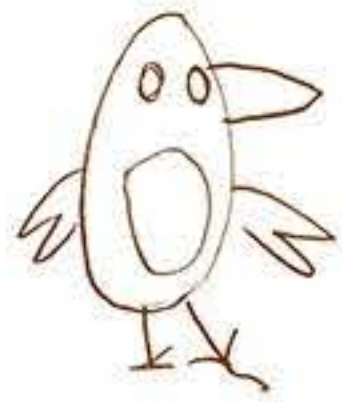
• Ssshhh! if you're quiet along this easy track, you might see some of the 140 birds that live here, including the white-faced heron, musk duck, and white-bellied sea eagle. Enjoy this pretty walk and admire the lovely ground orchids, wetland and woodland vegetation, as well as aquatic plants. Make a day of it and enjoy the nearby NSW Rail Museum at Thirlmere village only 5 kms away.



Reed



Look
can you find
these plants?



Thirlmere Lakes National Park



Write words that describe what you see, hear or feel (adjectives)



Listen.
how many different bird calls can you hear?



Can you guess who lives here?



Look: If you are quiet & look carefully you might see some creatures.

Feel the stone.
is it warm or cool?



Touch
bark, leaves, rocks, moss
rushes and sedges. Hug a tree
Things not to touch
spider & snake holes, fungi,
spiders, insects



Find these
and tick the box

