

Thanks to Stage 2 students from All Saints Catholic Primary School, Liverpool who shared their experience in November 2017:

Lena, Caitlin, Bethany, Mylie, Madison, Andreanna, Scarlett, Janai, Bryce, Anthony, Matthew, Malachi, Asim, Salim, Cye, Lochlan, Ethan, Kasjan, Taylan, Zak, Amy, Katie, Mary, Zanya, Hailey, Shameee, Emily, Koleka, Nicholas, Dominic, Donavan, Tyrone, Lily, Krystion, Jacob, Andrew, Noah

Special thanks to Uncle Daniel Chalker for the smoking ceremony and dancing, Ranger Toni and to work experience students Seb and Oliver for photographs.

EDMONDSON REGIONAL PARK BOUNDARY LOOP TRAIL

EDMONDSON PARK

3 km loop
EASY grade
2 hours

This project has been assisted by the NSW Government through its Environmental Trust
Special thanks to project partners for support and funding



nationalparks.nsw.gov.au

Bush Trackers
explore the bush
with guides for kids by kids

EDMONDSON REGIONAL PARK BOUNDARY LOOP TRAIL • 3 km loop • Easy grade • 2 hours

WHAT TO BRING IN YOUR BACKPACK

- a bottle of water
- plenty of snacks
- a raincoat
- pencils for drawing
- warm clothes in winter
- small bag for rubbish
- wear a hat, sunscreen and
- a small first aid kit could be useful
- enclosed walking shoes
- small torch
- camera

BUSH TRACKER SAFETY

Safe Bush Trackers are prepared and

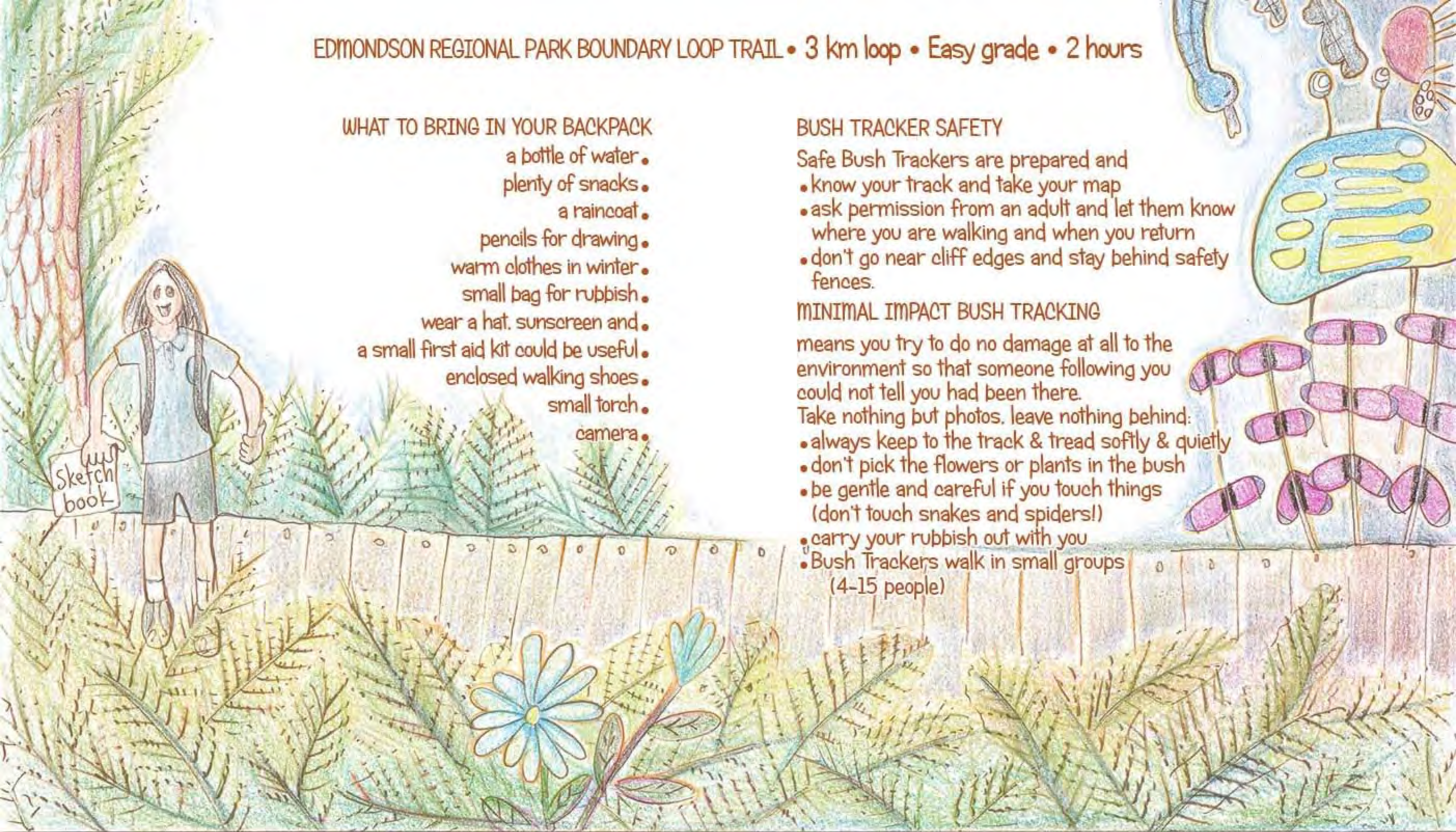
- know your track and take your map
- ask permission from an adult and let them know where you are walking and when you return
- don't go near cliff edges and stay behind safety fences.

MINIMAL IMPACT BUSH TRACKING

means you try to do no damage at all to the environment so that someone following you could not tell you had been there.

Take nothing but photos, leave nothing behind:

- always keep to the track & tread softly & quietly
- don't pick the flowers or plants in the bush
- be gentle and careful if you touch things (don't touch snakes and spiders!)
- carry your rubbish out with you
- Bush Trackers walk in small groups (4-15 people)



To help us find out about your experiences of the Bush Trackers Guide please visit www.surveymonkey.com/r/BushTrackers. The survey should take you around 5 mins & will help us evaluate the impact of the program.

The Bush Trackers program helps engage children and families in nature. Bush Trackers helps create a child friendly community and grew from support of the Stronger Families Alliance (www.strongerfamilies.net.au). Bush Trackers is currently funded by the NSW Environmental Trust. The Bush Trackers team worked with NSW National Parks and Wildlife Service Discovery Rangers to guide school kids aged 8-10 years old on a local bushwalk, enjoying nature play, learning about natural and cultural heritage and encouraging the kids to share their experience through words, poems, drawings and photos. PerformingDesign use these to create the map and guide to encourage other kids and families to safely enjoy the bush. For more information, tips and maps go to: www.bushtrackers.com.au; www.nationalparks.nsw.gov.au We respectfully acknowledge the Traditional Custodians of this place.

Edmondson Regional Park Boundary Loop Walking Trail • 3 km loop • Easy grade • 2 hours

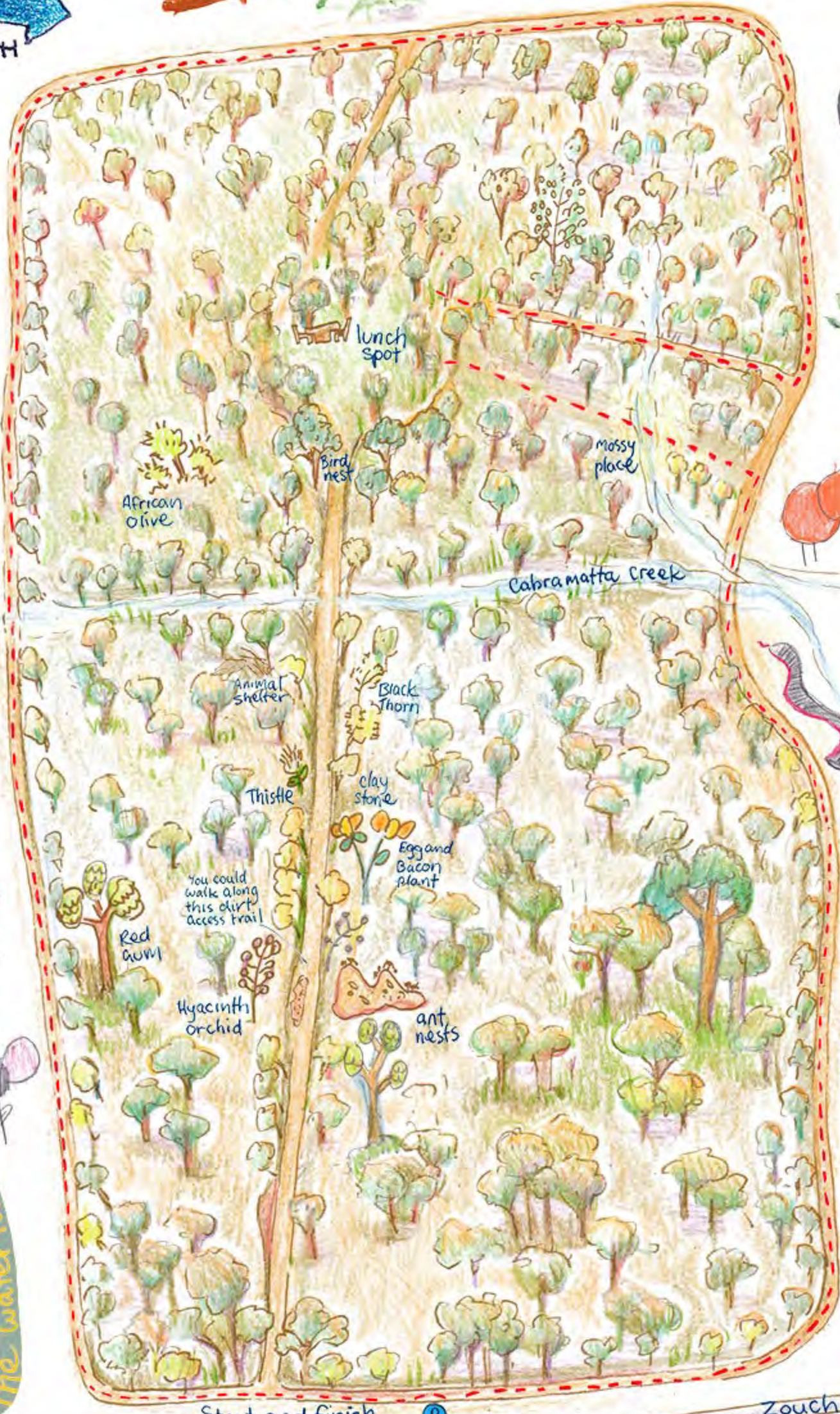
Discover Cumberland Plain Woodland • Bring a picnic and discover a small pocket of bushland that is unique and special to Western Sydney - Edmondson Regional Park protects Cumberland Plain Woodland which is a critically endangered ecological community in NSW. • Long ago Aboriginal people used this area for hunting, gathering and camping and is now a place where you can appreciate the culture of our First Peoples. More recently this area was part of the Ingleburn Army training camp so it is important that you stick to the tracks. • Amble along the tracks through the grassy woodland where we have been working hard to remove weeds like African olive. Keep an ear out for native birds that live here like Kookaburras, yellow-tailed cockatoos, bell birds, rosellas, white wing choughs, wattlebirds and lorikeets. Depending on the time of day you might see a swamp wallaby, red-bellied black snakes or grey headed flying foxes. Eucalyptus trees like Forest red gum and Grey box provide habitat for animals and birds and shade for you as you walk • Because this is a special place, we don't ride our bikes or bring our dogs but take the time to enjoy the sounds and feel of the bush in your neighbourhood.

• We respectfully acknowledge the traditional custodians of this place •



This day sunny-rainy-sunny-rainy-sunny again- With ochre on our faces we

NORTH



Look can you find these plants?



Feel that glow - kookaburra - red belly black -

Write words that describe what you see, hear or feel (adjectives)

Listen, how many different bird calls can you hear?



How many types of ant can you find?



the waterfalls flow the

Can you guess who lives here?



Touch bark, leaves, rocks, moss, rushes and sedges. Hug a tree
Things not to touch spider & snake holes, fungi, spiders, insects



grows almost beneath

→ To Campbelltown Road and Edmondson Park shops



P Parking
--- Walk

Look If you are quiet & look carefully you might see some creatures.

Find these and tick the box



the drops and drips a mossy garden

hidden for five

