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BLUE MOUNTAINS BOTANIC GARDEN MOUNT TOMAH WALKS

4 km loop
EASY grade

This project has been assisted by the
NSW Government through its Environmental Trust
Special thanks to project partners
for support and funding



Bush Trackers
explore the bush
with guides for kids by kids



BLUE MOUNTAINS BOTANIC GARDEN - MOUNT TOMAH WALKS • 4 km loop • Easy grade

WHAT TO BRING IN YOUR BACKPACK

- a bottle of water.
- plenty of snacks.
- a raincoat.
- pencils for drawing.
- warm clothes in winter.
- small bag for rubbish.
- wear a hat, sunscreen and.
- a small first aid kit could be useful.
- enclosed walking shoes.
- small torch.
- camera.

BUSH TRACKER SAFETY

Safe Bush Trackers are prepared and

- know your track and take your map
- ask permission from an adult and let them know where you are walking and when you return
- don't go near cliff edges and stay behind safety fences.

MINIMAL IMPACT BUSH TRACKING

means you try to do no damage at all to the environment so that someone following you could not tell you had been there.

Take nothing but photos, leave nothing behind:

- always keep to the track & tread softly & quietly
- don't pick the flowers or plants in the bush
- be gentle and careful if you touch things (don't touch snakes and spiders!)
- carry your rubbish out with you
- Bush Trackers walk in small groups (4-15 people)

To help us find out about your experiences of the Bush Trackers Guide please visit www.surveymonkey.com/r/BushTrackers. The survey should take you around 5 mins & will help us evaluate the impact of the program.

The Bush Trackers program helps engage children and families in nature. Bush Trackers helps create a child friendly community and grew from support of the Stronger Families Alliance (www.strongerfamilies.net.au). Bush Trackers is currently funded by the NSW Environmental Trust. The Bush Trackers team worked with NSW National Parks and Wildlife Service Discovery Rangers to guide school kids aged 8-10 years old on a local bushwalk, enjoying nature play, learning about natural and cultural heritage and encouraging the kids to share their experience through words, poems, drawings and photos. PerformingDesign use these to create the map and guide to encourage other kids and families to safely enjoy the bush.

For more information, tips and maps go to: www.bushtrackers.com.au; www.wildwalks.com; www.nationalparks.nsw.gov.au; www.bmcc.nsw.gov.au or www.bluemountainsbotanicgarden.com.au
We respectfully acknowledge the Darug - the Traditional Custodians of this place.

Blue Mountains Botanic Garden - Mount Tomah walks • Grade - easy • 4km loop

While exploring this stunning cool climate garden, step back into Jurassic times and into different parts of the world. The Blue Mountains Botanic Gardens sits on an old volcanic basalt cap providing fertile soils ideal for growing plants from cold climates. It also has a natural rainforest and very tall gum trees. An ancient dinosaur plant species, the Wollemi Pine, was translocated here from the wild. Meandering along the paths, experience formal exotic garden beds, a rock garden, a bog garden with carnivorous plants, meadows as well as naturally occurring forest. Look out for cooled lava flows called basalt. Bring a picnic, or purchase food from the kiosk or restaurant. Take in the views from the visitor centre and learn more about plants and the history of the area in the Botanists Way Discovery Centre. Finally, please be sure to walk on the lawns!

• Jurassic Garden App (free to download) •



- - - Gondwana Walk
- - - Forest Walk
- - - The Jungle Walk

- P Parking
- T Toilets
- C Cafe/Kiosk
- A Picnic tables
- Wheelchair/pram access.



Look
can you find
these plants?

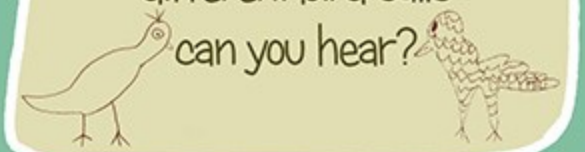


What shape does a
basalt rock column
make?



(answer: hexagon)

Listen, how many
different bird calls
can you hear?



Can you
guess who
lives here?



Look
If you are quiet & look
carefully you might
see some creatures.

Feel the stone.
is it warm or cool?



Touch
bark, leaves, rocks, moss
rushes and sedges. Hug a tree
Things not to touch
spider & snake holes, fungi,
spiders, insects



Find these
and tick the box

