



Thanks to Korowal School  
stage 2 students who shared their  
experience in December 2016:

Year 4: Remy, Darcy, Kate, Luca, Ruby,  
Ziggy, Hamish, Shyama, Harding,  
Jake, Finbar, Lili, Ellie, Oscar  
Year 3: Coen, Cormac, Phoenix, Matilda, Alex,  
James, Sofia, Jessie-Lee, Lyla,  
Mika, Jessamine, Oscar, Floyd.

# RED HANDS CAVE

## GLENBROOK

LINK TRACK - 4.5 km round walk  
medium grade

CAMPFIRE CREEK TRACK - 6.2 km return  
medium grade



Special thanks to  
project partners for  
support and funding



**Bush Trackers**  
explore the bush  
with guides for kids by kids



RED HANDS CAVE • LINK TRACK - 4.5 km round walk - medium grade  
CAMPFIRE CREEK TRACK - 6.2 km return - medium grade

#### WHAT TO BRING IN YOUR BACKPACK

- a bottle of water
- plenty of snacks
- a raincoat
- pencils for drawing
- warm clothes in winter
- small plastic bag for rubbish
- wear a hat, sunscreen and
- a small first aid kit could be useful
- enclosed walking shoes
- small torch
- camera

#### HELP PROTECT RED HANDS CAVE ABORIGINAL PLACE

Red Hands Cave is declared an Aboriginal Place because it is of significance to Aboriginal culture.

Please help to preserve our precious natural and cultural heritage and remember all Aboriginal sites, animals and plants are protected.

Don't walk on Aboriginal engravings, grinding grooves or touch rock art.

Don't remove artefacts.

Be respectful of Aboriginal Elders.

#### BUSH TRACKER SAFETY

Safe Bush Trackers are prepared and

- know your track and take your map
- ask permission from an adult and let them know where you are walking and when you return
- don't go near cliff edges and stay behind safety fences.

#### MINIMAL IMPACT BUSH TRACKING

means you try to do no damage at all to the environment // so that someone following you could not tell you had been there.

Take nothing but photos, leave nothing behind:

- always keep to the track & tread softly & quietly
- don't pick the flowers or plants in the bush
- be gentle and careful if you touch things (don't touch snakes and spiders!)
- carry your rubbish out with you
- Bush Trackers walk in small groups (4-15 people)

The Bush Trackers program helps engage children and families in nature. Bush Trackers helps create a child friendly community and grew from support of the Stronger Families Alliance ([www.strongerfamilies.co](http://www.strongerfamilies.co)). The Bush Trackers team work with local councils and NSW National Parks and Wildlife Service Discovery Rangers to guide school kids aged 8-10 years old on a local bushwalk, enjoying nature play, learning about natural and cultural heritage and encouraging the kids to share their experience through words, poems, drawings and photos. PerformingDesign use these to create the map and guide to encourage other kids and families to safely enjoy the bush.

For more information, tips and maps go to: [www.bushtrackers.com.au](http://www.bushtrackers.com.au); [www.wildwalks.com](http://www.wildwalks.com); [www.nationalparks.nsw.gov.au](http://www.nationalparks.nsw.gov.au). We respectfully acknowledge the Traditional Custodians of this place.

**RED HANDS CAVE** Glenbrook - Camp Fire Creek Track 6.2km return. medium or Link Track 4.5km circuit. medium

- Take a walk back in time in the footprints of Aboriginal ancestors as you journey towards one of the best Aboriginal stencil galleries in Sydney. Between 500 and 1200 years ago Aboriginal people and children created the hand stencils with red, yellow and white ochre. This site is very special to local Aboriginal people - it was a ceremonial cave for the initiation of young warriors.
- Start your adventure at the Glenbrook entrance to the Blue Mountains National Park, or from the Causeway across Glenbrook Creek and explore the Camp Fire Creek track to Red Hands Cave (6.2km return, medium). Or drive 13kms to the Red Hands Cave picnic area and venture along the Link Track, a medium 4.5km round walk. Be sure to stop and investigate the ancient axe grinding grooves along Camp Fire Creek, listen out for the many birds, spot an eel or lizard, paddle in the creeks and enjoy this bushland
- The Aboriginal sites in the Blue Mountains are important to Aboriginal people today; they are the physical evidence of a link to their ancestors. As you walk through this area, take some time to think about Aboriginal people and their strong attachment to this ancient landscape and all it contains.



on which we meet - The Darug and Gundungarra people - Thanks - Respect - we pay our respects

We all give our thanks and respect to the Darug and Gundungarra Aboriginal Traditional custodians and their ancestors for looking after this special place.



Look can you find these plants?



We wish to acknowledge the traditional custodians of the land



Write words that describe what you see, hear or feel (adjectives)

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Listen how many different bird calls can you hear?



Can you guess who lives here?



Look If you are quiet & look carefully you might see some creatures.



Feel the stone, is it warm or cool?

Touch bark, leaves, rocks, moss, rushes and sedges. Hug a tree  
 Things not to touch snake holes, fungi, spiders, insects



always with traditional



Find these and tick the box

always with traditional

playgrounds of our school - this land is was and