

Thanks to St. Canices School stage 2 students who shared their experience in October 2015

Year 4

Liam, Zahara, Zepplin, Trevor, Hugo, Leo, Iyana, Marleah, Lachlan, Marley, Arlo, Liam, Theadora, Keyton, Jesse, Olivia, Patrick, Archer, Vincent

Year 3

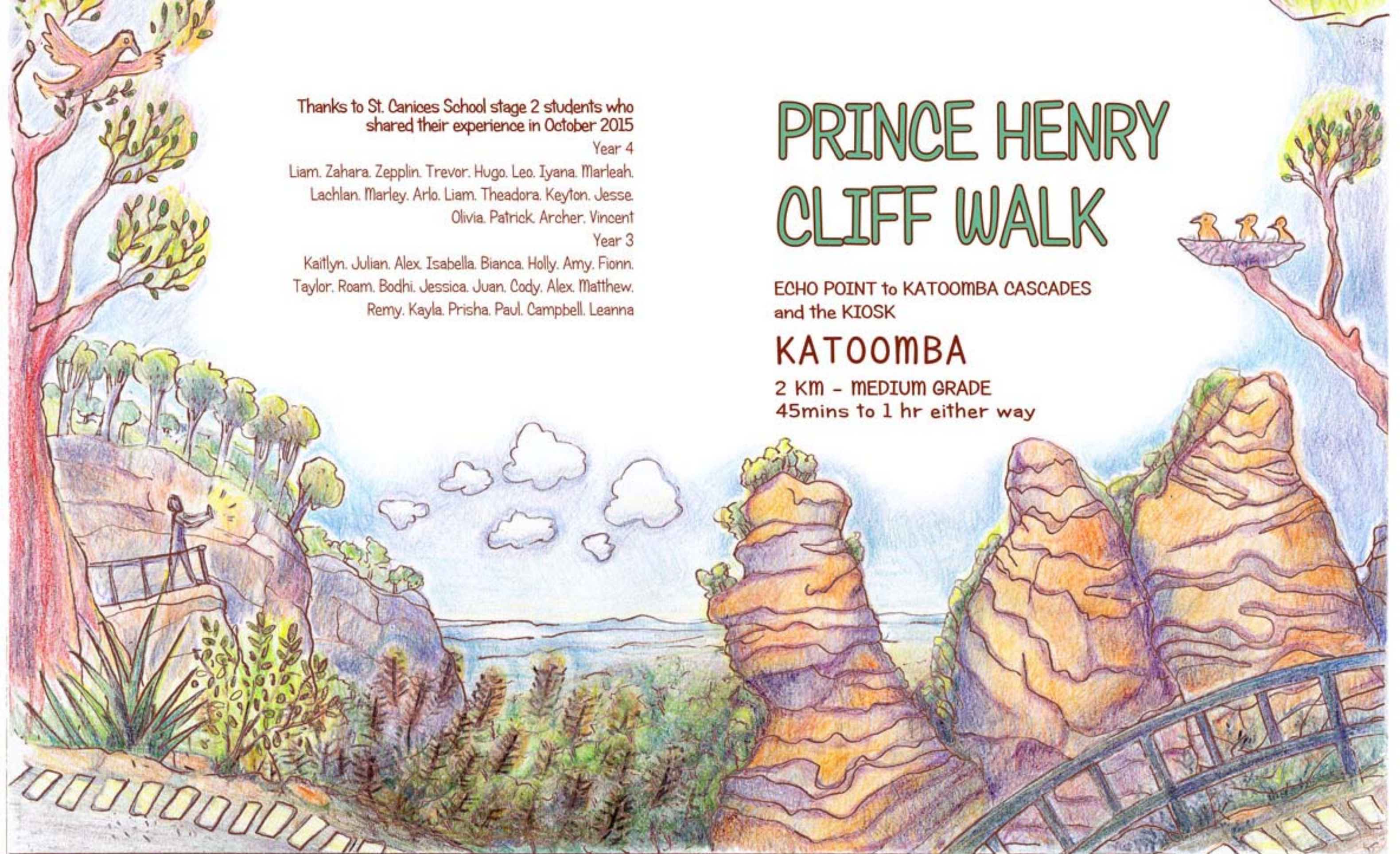
Kaitlyn, Julian, Alex, Isabella, Bianca, Holly, Amy, Fionn, Taylor, Roam, Bodhi, Jessica, Juan, Cody, Alex, Matthew, Remy, Kayla, Prisha, Paul, Campbell, Leanna

# PRINCE HENRY CLIFF WALK

ECHO POINT to KATOOMBA CASCADES  
and the KIOSK

## KATOOMBA

2 KM - MEDIUM GRADE  
45mins to 1 hr either way



Special thanks to  
project partners for  
support and funding



STRONGER FAMILIES  
ALLIANCE



**Bush Trackers**  
explore the bush  
with guides for kids by kids

# PRINCE HENRY CLIFF WALK • 2 km • medium grade • 45mins to 1 hr either way

## WHAT TO BRING IN YOUR BACKPACK

- a bottle of water.
- plenty of snacks.
- a raincoat.
- warm clothes in winter.
- small plastic bag for rubbish.
- small torch.
- camera.
- pencils for drawing.
- wear a hat, sunscreen and enclosed walking shoes.
- a small first aid kit could be useful.

## BUSH TRACKER SAFETY

Safe Bush Trackers are prepared and

- know your track and take your map
- ask permission from an adult and let them know where you are walking and when you return
- don't go near cliff edges and stay behind safety fences.

## MINIMAL IMPACT BUSH TRACKING

means you try to do no damage at all to the environment so that someone following you could not tell you had been there.

Take nothing but photos, leave nothing behind:

- always keep to the track & tread softly & quietly
- don't pick the flowers or plants in the bush
- be gentle and careful if you touch things (don't touch snakes and spiders!)
- carry your rubbish out with you
- Bush Trackers walk in small groups (4-15 people)

NSW National Parks and Wildlife Service Discovery Rangers guide Stage 2 school kids aged 8-10 years old on a local bushwalk, encouraging the kids to share their experience through words, poems, drawings and photos. PerformingDesign used these to create the map and guide to encourage other kids and families to safely enjoy the bush.

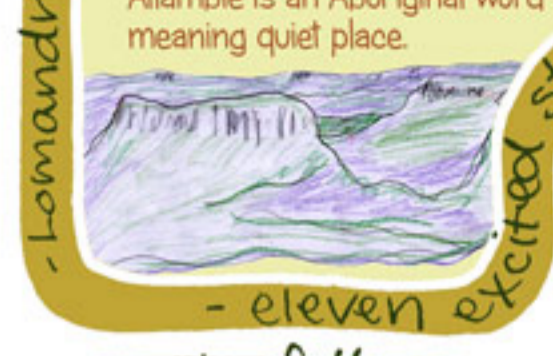
The Bush Trackers project helps create a child friendly community in the Blue Mountains and grew from support of the Stronger Families Alliance ([www.strongerfamilies.co](http://www.strongerfamilies.co)) and is coordinated by Jacqueline Reid with the assistance of Lucy McGarry and help from teachers, parents, kids and the Blue Mountains City Council's Environment and Culture Branch!

For more information and tips go to: [www.bushtrackers.com.au](http://www.bushtrackers.com.au); [www.wildwalks.com](http://www.wildwalks.com); [www.environment.nsw.gov.au/nationalparks](http://www.environment.nsw.gov.au/nationalparks) or [www.bmcc.nsw.gov.au](http://www.bmcc.nsw.gov.au)

We respectfully acknowledge the Traditional Custodians of this place.

rocks - The Three Sisters - Acacia holosericea (soap tree) - Grandpa's beard - Dragon's teeth - Iris - Ceebung - Fish bone fern - clouds above

**PRINCE HENRY CLIFF WALK - 2.0km - medium grade - 45 mins to 1hr either way**  
 Everyone loves waterfalls. This walk includes awesome lookouts, the famous Katoomba Falls and Katoomba Cascades, amazing views and a walk alongside Katoomba Creek. Start or finish at either end. If you start at Echo Point, take the Prince Henry Cliff Walk on your right. Walk to Lady Darleys Lookout. From here, the track goes down steep stairs and takes you to an overhang and gully on your way to Allambie Lookout. At Allambie you get great views of Mount Solitary. Walk through the gully to Wollumai Lookout. Make sure you stop to see the views of the Three Sisters. Walk to Cliff View Lookout and from here take the Wheelchair and Braille track to Cliff Drive. A short set of steps takes you down to Katoomba Cascades. Cross the creek and follow the track to Duke and Duchess of York Lookout above Katoomba Falls. Continue until you see a track on your left. Take this to Watchtower Lookout. Return to the main track, and 200 metres along, take the track on your left to Reids Plateau. From here you get some of the best views. Return to the main track. The short flight of stairs take you to the Kiosk, Katoomba Falls Reserve and Maple Grove, where you will find picnic tables, barbecues and toilets. Listen for the Lyrebirds.  
 Allambie is an Aboriginal word meaning quiet place.



- eleven extra



waterfalls such a noise - the trees wiggle as the birds sing - beautiful sunshine



great track - insects - animals - lots of trees - steep cliffs - fresh water



I made this walk on my birthday - feeling calm happy and young -

Touch bark, water, leaves, moss, rocks  
 Things not to touch  
 snake holes, fungi, spiders, insects.



stones - in the rain - baby wattle - barksia -



no teacher - above

Write words that describe what you see, hear or feel (adjectives)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Listen how many different bird calls can you hear?



Can you guess who lives here?



Find these and tick the box



the tour guide said - when we find a cave we can drink water that drips off the edge.