

MT YORK & COX'S ROAD TRACK

MT VICTORIA

1.3 KM - EASY GRADE
TAKES 1 HR RETURN

Thanks to Mt Victoria School stage 2 students who shared their experience in July 2012:
Loni, Logan, William, Lydia, Leroy, Rhys, Imogen, Zephyryn, Darcee, Corey, Dahneeka, Kane, Angelina, Emiko, Alora, Alex, Jack, Lachlan, Emma, Harvey, Braidon, Joseph, Eli, Michael, Evie, Jye, Holly, Jasper, Olivia



Special thanks to project partners for support and funding



Australian Government



Bush Trackers
explore the bush with guides for kids by kids



MT YORK & COX'S ROAD TRACK • 1.3 km • easy grade • about 1 hr. return

WHAT TO BRING IN YOUR BACKPACK

- a bottle of water.
- plenty of snacks.
- a raincoat.
- warm clothes in winter.
- small plastic bag for rubbish.
- small torch.
- camera.
- pencils for drawing.
- wear a hat, sunscreen and enclosed walking shoes.
- a small first aid kit could be useful.

BUSH TRACKER SAFETY

Safe Bush Trackers are prepared and

- know your track and take your map
- ask permission from an adult and let them know where you are walking and when you return
- don't go near cliff edges and stay behind safety fences.

MINIMAL IMPACT BUSH TRACKING

means you try to do no damage at all to the environment so that someone following you could not tell you had been there.

Take nothing but photos, leave nothing behind:

- always keep to the track and tread softly and quietly
- don't pick the flowers or plants in the bush
- be gentle and careful if you touch things (don't touch snakes and spiders!)
- carry your rubbish out with you
- Bush Trackers walk in small groups (4-15 people)

NSW National Parks and Wildlife Service Discovery Rangers guide Stage 2 school kids aged 8-10 years old on a local bushwalk, encouraging the kids to share their experience through words, poems, drawings and photos. PerformingDesign used these to create the map and guide to encourage other kids and families to safely enjoy the bush.

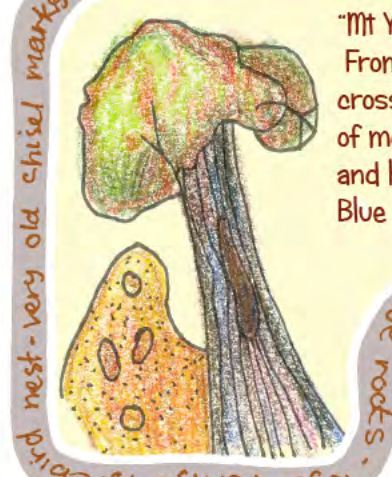
The Bush Trackers project helps create a child friendly community in the Blue Mountains and grew from support of the Stronger Families Alliance, and is coordinated by Jacqueline Reid with the assistance of Lucy McGarry and help from Gary Humble, Jasmine Payget, teachers, parents and kids.

For more information and tips go to: www.bushtrackers.com.au; www.wildwalks.com or www.environment.nsw.gov.au/nationalparks

We respectfully acknowledge the traditional custodians of this place

With special thanks to local historian John Low.

to make the road - eagles - wombats - insects - flowers - the rocks whisper to you in the wind - listen to all the bird songs - Cox's road 1815 original hand cut gutter



logs - ferns - lyrebird nest - very old chisel marks - huge rocks -

"Mt York and Cox's Road Track"

From Mt York you can experience the magnificent views westward seen by the explorers Blaxland, Wentworth and Lawson when they first crossed the Blue Mountains in 1813. Walk along an original part of the first road across the mountains and see how William Cox and a small team of men chiseled rock cuttings and gutters to make a way down the steep hillside for horses and carts. Bring a picnic and rest in a cave where Cox and his men may have slept. Craggy sandstone outcrops and great birdlife add to the awesome views and unique history to make this a classic Blue Mountains wander.

Look
can you match
these colours?



could. Make some

Feel the rocks,
are they warm
or cool?

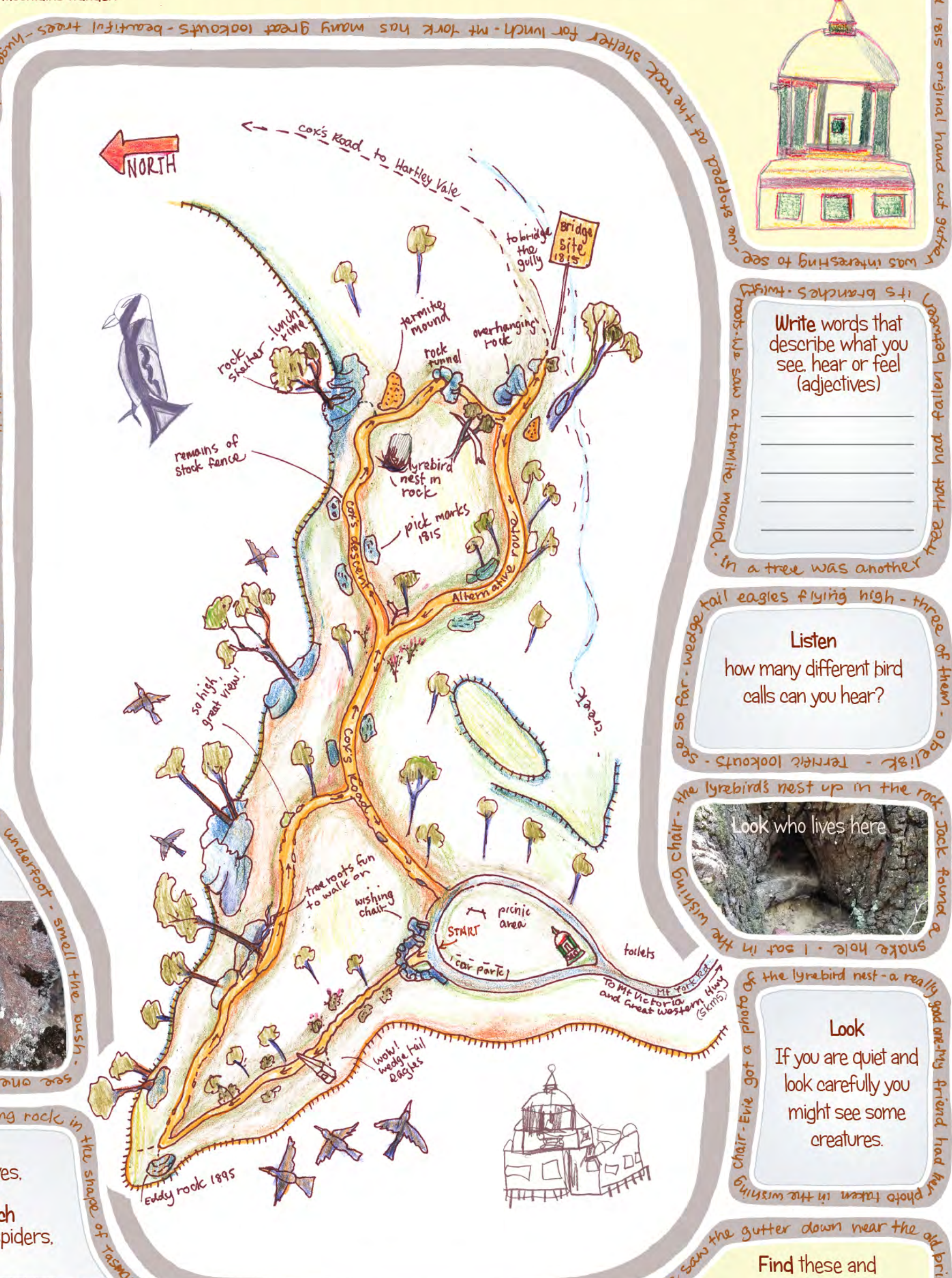


see one huge termite mound.

Touch
bark, water, leaves,
moss, rocks
Things not to touch
snake holes, fungi, spiders,
insects.



I saw wombat poo - Awesome overhang -



was interesting to see

Write words that describe what you see, hear or feel (adjectives)

in a tree was another

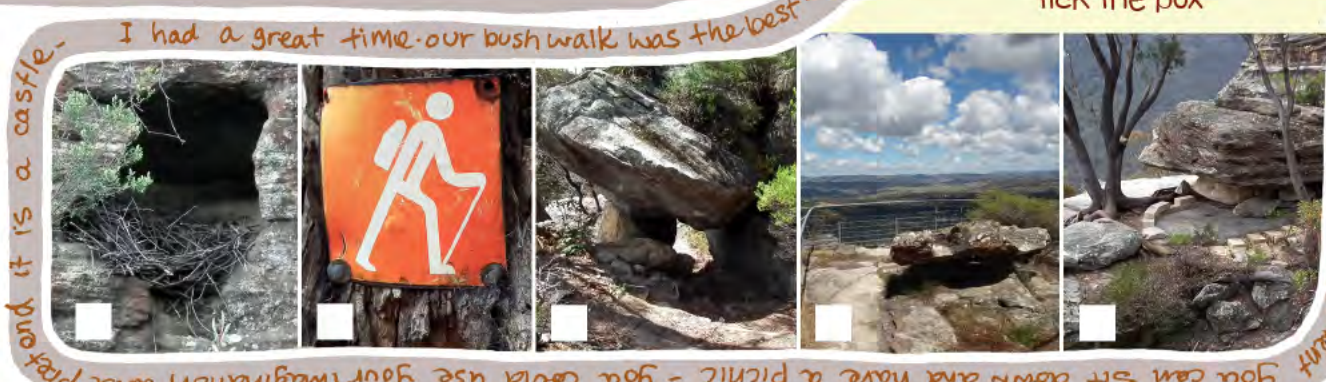
Listen
how many different bird calls can you hear?



Look who lives here

Look
If you are quiet and look carefully you might see some creatures.

Find these and tick the box



I had a great time - our bush walk was the best - we saw the gutter down near the old bridge site - at the monument you can sit down and have a picnic - you could use your imagination and pretend it is a castle -

crunchy leaves crackle underfoot - smell the bush - and some others further on.

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