

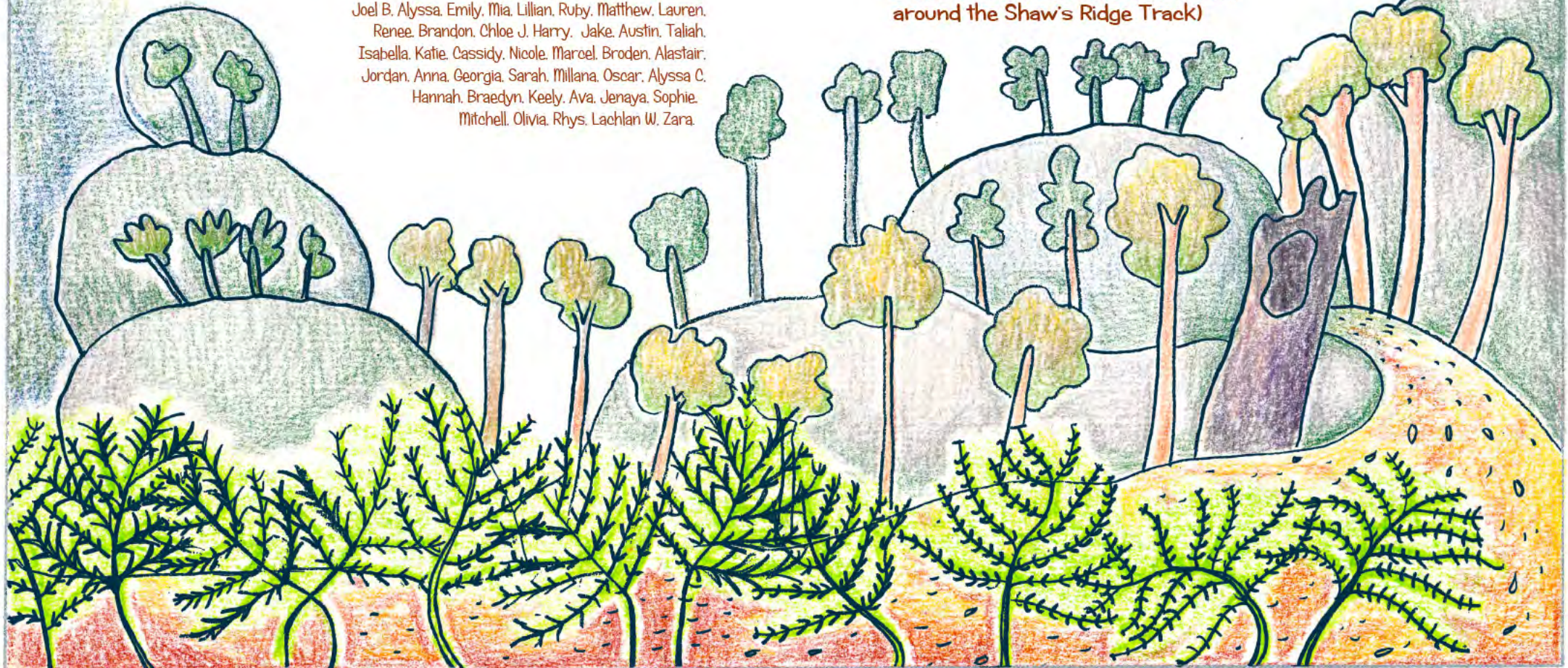


Thanks to Winmalee Public School stage 2 students who shared their experience in August 2013:
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BLUE GUM SWAMP TRACK

WINMALEE

4.5 KM - EASY/MEDIUM GRADE
 3 HR RETURN (or 9km/5hr circuit around the Shaw's Ridge Track)



Special thanks to project partners for support and funding



Bush Trackers
 explore the bush with guides for kids by kids

BLUE GUM SWAMP TRACK • 4.5 km • easy/medium grade • 3 hr return (or 9km/5hr circuit around Shaw's Ridge Track)

WHAT TO BRING IN YOUR BACKPACK

- a bottle of water.
- plenty of snacks.
- a raincoat.
- warm clothes in winter.
- small plastic bag for rubbish.
- small torch.
- camera.
- pencils for drawing.
- wear a hat, sunscreen and enclosed walking shoes.
- a small first aid kit could be useful.

BUSH TRACKER SAFETY

Safe Bush Trackers are prepared and

- know your track and take your map
- ask permission from an adult and let them know where you are walking and when you return
- don't go near cliff edges and stay behind safety fences.

MINIMAL IMPACT BUSH TRACKING

means you try to do no damage at all to the environment so that someone following you could not tell you had been there.

Take nothing but photos, leave nothing behind:

- always keep to the track and tread softly and quietly
- don't pick the flowers or plants in the bush
- be gentle and careful if you touch things (don't touch snakes and spiders!)
- carry your rubbish out with you
- Bush Trackers walk in small groups (4-15 people)



NSW National Parks and Wildlife Service Discovery Rangers guide Stage 2 school kids aged 8-10 years old on a local bushwalk, encouraging the kids to share their experience through words, poems, drawings and photos. PerformingDesign used these to create the map and guide to encourage other kids and families to safely enjoy the bush.

The Bush Trackers project helps create a child friendly community in the Blue Mountains and grew from support of the Stronger Families Alliance (www.strongerfamilies.co) and is coordinated by Jacqueline Reid with the assistance of Lucy McGarry and help from teachers, parents and kids!

For more information and tips go to: www.bushtrackers.com.au; www.wildwalks.com or www.environment.nsw.gov.au/nationalparks

We respectfully acknowledge the Traditional Custodians of this place.

