

Thanks to Springwood Public School stage 2 students
who shared their experience in November 2016:

The Brave Bushwalkers: Sebastian A. Nikola, Ambrose,

Tyler, Jack, Zakk, Lily J. Breeanna, Felix M. Olivia,

Allyra, April S. Hailey, Anya, Zoe W. Oscar

The Pancake People: Sebastien C. Freya, Mia-Louise,

Erika, Caleb, Alisha, Nandu, Hunter, Linus, Alexanna,

Gaby, April C. Cole, Caelan, Rhiannon, Dillon, Annabelle

Cliff Climbers: Ben A. Bronte, Bianca, Max, Lorena,

Mirabelle, Henry, Finn, Noah L. Elliot, Eliza,

Emmy, Courtney, Aleyah, Isabel, Lily T

Bush-walking Unicorns: Violeta, Elizabeth G. Teagan,

Maddison, Oliver, Ephraim, Taleigha, Molly, Gemma,

Nicola, Lachlan, Owen, Lana, Sophie, Taylar, Sumalee

BIRDWOOD

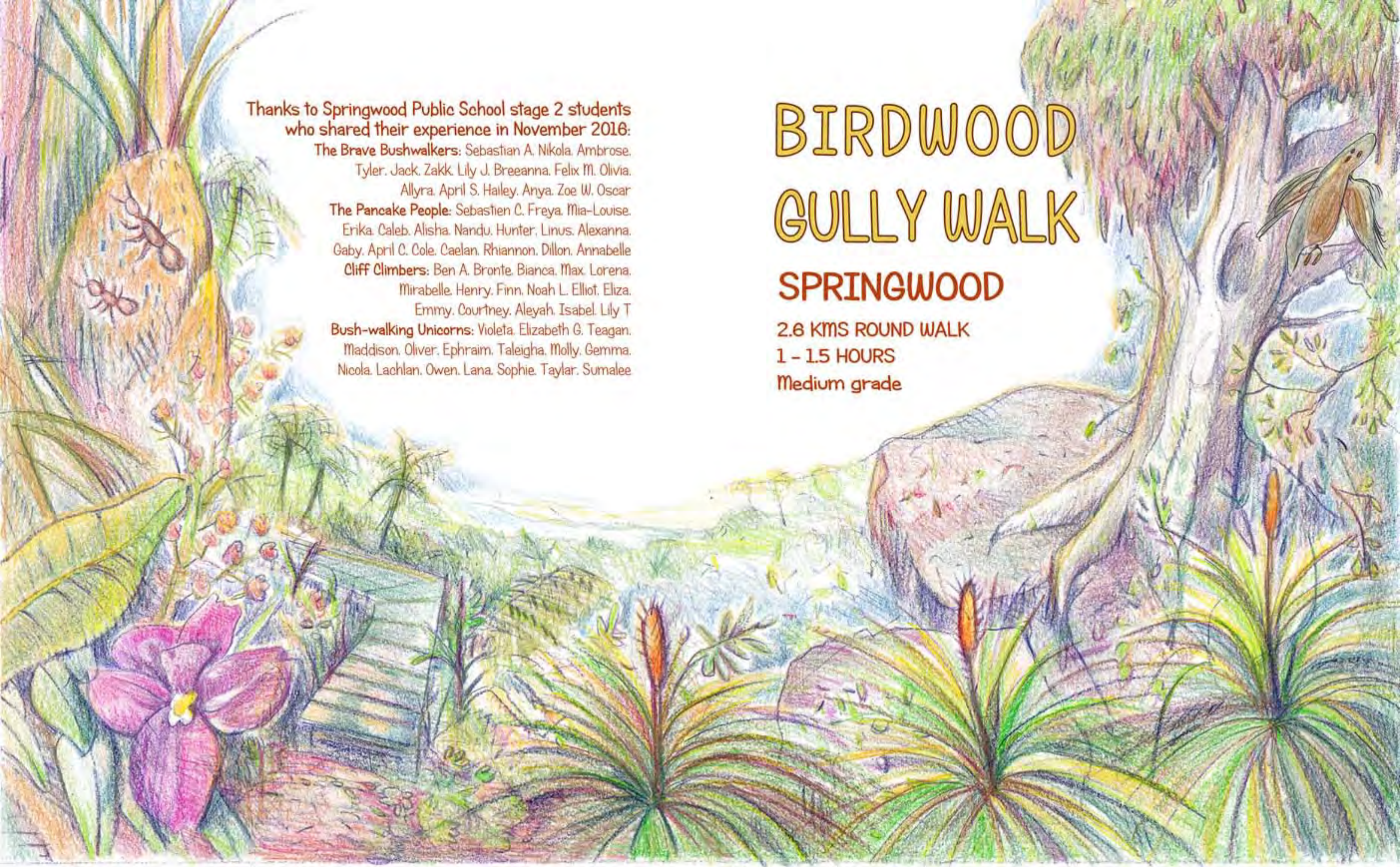
GULLY WALK

SPRINGWOOD

2.6 KMS ROUND WALK

1 - 1.5 HOURS

Medium grade



Special thanks to
project partners for
support and funding



nationalparks.nsw.gov.au



NSW GOVERNMENT



NSW Environmental TRUST

Bush Trackers
explore the bush
with guides for kids by kids



BIRDWOOD GULLY WALK • 2.6 kms round walk • 1-1.5 hour • medium grade

WHAT TO BRING IN YOUR BACKPACK

- a bottle of water
- plenty of snacks
- a raincoat
- pencils for drawing
- warm clothes in winter
- small plastic bag for rubbish
- wear a hat, sunscreen and
- a small first aid kit could be useful
- enclosed walking shoes
- small torch
- camera

BUSH TRACKER SAFETY

- Safe Bush Trackers are prepared and
- know your track and take your map
 - ask permission from an adult and let them know where you are walking and when you return
 - don't go near cliff edges and stay behind safety fences.

MINIMAL IMPACT BUSH TRACKING

means you try to do no damage at all to the environment so that someone following you could not tell you had been there.

Take nothing but photos, leave nothing behind:

- always keep to the track & tread softly & quietly
- don't pick the flowers or plants in the bush
- be gentle and careful if you touch things (don't touch snakes and spiders!)
- carry your rubbish out with you
- Bush Trackers walk in small groups (4-15 people)

The Bush Trackers program helps engage children and families in nature. Bush Trackers helps create a child friendly community and grew from support of the Stronger Families Alliance (www.strongerfamilies.co). The Bush Trackers team work with Blue Mountains City Council and NSW National Parks and Wildlife Service Discovery Rangers to guide school kids aged 8-10 years old on a local bushwalk, enjoying nature play, learning about natural and cultural heritage and encouraging the kids to share their experience through words, poems, drawings and photos. PerformingDesign use these to create the map and guide to encourage other kids and families to safely enjoy the bush.

For more information, tips and maps go to: www.bushtrackers.com.au; www.wildwalks.com; www.nationalparks.nsw.gov.au or www.bmcc.nsw.gov.au
We respectfully acknowledge the Traditional Custodians of this place.

BIRDWOOD GULLY WALK - Springwood - Medium grade - 2.6 km round walk - 1-1.5 hour

Let your senses come alive and discover the amazing variety of different bush spaces in the Birdwood Gully Reserve. Amble along the round walk through drier Sydney Peppermint and Sydney Red Gum open eucalypt forest. Then feel the cool, shady temperate rainforest crowded with lush 'star' ferns along the creek lines. On your journey you will see amazing sandstone overhangs, creeks and gentle waterfalls. Traipse over stepping stones, bridges and scramble up and down the steps. Can you see the glow worms in the large caves? Remember that glow worms don't like too much noise and especially don't like being touched!

Be careful of traffic along the road for a short walk from Springwood Station to start the walk at Bednal Rd. As you walk down the steps, look to the left and see if you can spot the Aboriginal carving in the rock - be careful not to walk on this ancient artwork. Or park at the Lucinda Ave or Boland Ave entrances and explore this hidden gem of a walk.



I am stepping down stairs that have been carved into the rocks. I hear running water.



Look
can you find these plants?



ferns surround us - geobung - want Angophora - beautiful



Write words that describe what you see, hear or feel (adjectives)

Tree ferns - dinosaurs ate them

Listen

how many different bird calls can you hear?

Lamandra - Bananas



Can you guess who lives here?

Ohre on our faces



Look! If you are quiet & look carefully you might see some creatures.

leaves crunch under feet

Feel the stone is it warm or cool?

Touch

bark, leaves, rocks, moss, rushes and sedges. Hug a tree

Things not to touch
snake holes, fungi, spiders, insects



damp soil - water - rocks - bark

KEY

- start or finish
- walking track
- ~ creek line
- road
- railway
- P parking

Find these and tick the box



stars - glow worms in the breeze - leaves fluffing

Magpies singing